

Remote Travel Quick Tips

Plan. Prepare. Prevent!



SOUTH AUSTRALIA POLICE
SAFER COMMUNITIES



**Government
of South Australia**

RESOURCES


- Ensure you have adequate food/water for the trip. Carry an extra supply for three to four days. In mild weather, each person needs six litres of water per day. In extreme weather, carry 10 litres of water per person per day.
- Carry safety and recovery equipment, e.g. first aid kits, shovels, recovery straps and tools. If possible, take two spare tyres.
- Plan and identify fuel stops carefully. Your vehicle will use more fuel than normal driving.



In extreme weather,
carry 10 litres of water
per person per day.

COMMUNICATIONS

- Provide a trip itinerary to relatives and friends. Have regular check-in times.
- Do not rely on mobile phone coverage. Carry a backup satellite phone or emergency position indicating radio beacon (EPIRB).
- Install the emergency+ or what3words apps which can help locate you. Note these may require mobile coverage.
- Learn to read from paper maps as a backup to GPS devices.



Install the emergency+
or what3words apps on
your smartphone.

MECHANICAL

- Learn basic mechanical skills before going (e.g. change a tyre, check fluid levels, clean an air filter) and carry basic spare parts. Even if you do not know how to install them, another traveller might.
- Understand your vehicle's limitations and suitability for your route (2WD/4WD).
- Ensure your vehicle is in good mechanical order.
- In the event of a breakdown open your bonnet and **STAY** with your vehicle. This will make it easier to find you.



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WEATHER

- Regularly check for changing weather conditions at the Bureau of Meteorology
www.bom.gov.au
- Never drive into flooding or moving water. Visit
www.sa.gov.au/emergencies
- Regularly check current fire bans and incidents in your area by visiting the Country Fire Service
www.cfs.sa.gov.au
- Check South Australian outback road conditions at Department for Infrastructure and Transport:
www.dit.sa.gov.au

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KNOWLEDGE

- Prior to leaving on your trip, plan your route and early exit points in case of vehicle, medical or supply issues.
- Learn and practice basic first aid and survival skills before going.
- Share driving; rest a minimum of 15 minutes every two hours.
- Be realistic about how far you can drive in a day.

Rest a minimum of
15 minutes every
two hours.



CALL Triple Zero (000)

**Police, Fire, Ambulance
in an emergency**

131 444

**Police Assistance Line
for non-urgent police
assistance**

