



## Older Road Users – Pedestrian Safety

Staying safe on the road is important for all drivers, however as we get older there are physical changes which can affect our safety on the roads.

The Road Safety Centre offers a free road safety session to older road users, anywhere in the state.

### Pedestrian safety

Older pedestrians may take longer to cross a road and you need to remain cautious of the road conditions around you. Here are some simple tips to ensure your safety:

- always use the footpath if possible; if you must walk on the road, walk facing traffic
- use pedestrian crossings and pedestrian refuge islands if present
- ensure the traffic has stopped before stepping off from the kerb
- pay attention to 'Walk/Don't walk' signals
- look right, look left and look right again before crossing the street and keep scanning for moving vehicles
- wait for a newly turned green or walk signal to give yourself the most time to cross the road
- avoid crossing near a bend or on the crest of a hill
- avoid crossing between parked vehicles
- if walking in a car park make eye contact with the driver before crossing in front of the vehicle
- listen for engine noises and look for white lights on the rear of vehicles reversing when you are in a car park or near a driveway
- keep looking for oncoming traffic while crossing the road.

The SA Police Road Safety Centre is a leader in road safety education, playing a vital role in reducing road trauma through enhancing the awareness, knowledge and skills of all road users through lifelong learning. For more information on our range of programs visit [www.police.sa.gov.au/road-safety](http://www.police.sa.gov.au/road-safety) or use the QR code below to take you straight to SAPOL's road safety page. To book a FREE road safety session email [SAPOL.RoadSafetySection@police.sa.gov.au](mailto:SAPOL.RoadSafetySection@police.sa.gov.au)



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