



Talkin' Road Safety

BUSINESS and COMMUNITY EDITION

PLEASE NOTE—The Road Safety Section has a new email address

All correspondence and booking requests should now be addressed to

SAPOL.RoadSafetySection@police.sa.gov.au



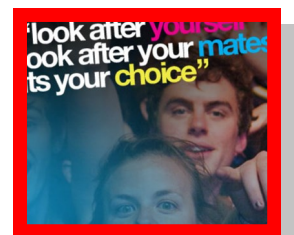
Schoolies Festival Voluntary Breath Testing by Road Safety Section

The SAPOL Road Safety Section (RSS) in conjunction with the Motor Accident Commission (MAC) will again support the Schoolies Festival at Victor Harbour this year. Members will provide Voluntary Breath Testing Stations at the following locations.

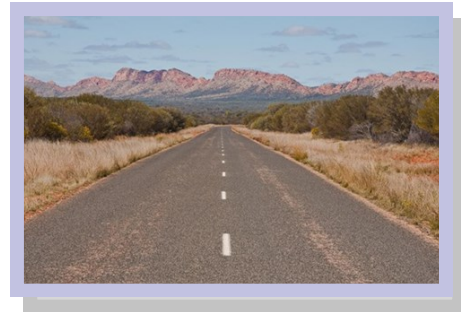
Date/Time	Saturday	Saturday 20/11/15	Sunday 21/11/15	Sunday 21/11/15	Monday 2/11/15	Monday 22/11/15
Caravan Park	7.30am-9.00am	9.30am -11.00am	7.30am-9.00am	9.30am-11.00am	7.30am-9.00am	9.30am-11.00am
Goolwa		RSS present for VBT		RSS present for VBT		RSS present for VBT
Middleton		RSS present for VBT		RSS present for VBT		RSS present for VBT
Pt Elliott	RSS present for VBT		RSS present for VBT		RSS present for VBT	
Adare		RSS present for VBT		RSS present for VBT		RSS present for VBT
V/Harbor Holiday Park	RSS present for VBT		RSS present for VBT		RSS present for VBT	
V/Harbor Beachfront		RSS present for VBT		RSS present for VBT		RSS present for VBT

Festival makers should make themselves available for testing as it will be a good indicator of your alcohol consumption as it relates to your BA reading. Go to the Schoolies Festival 2015 and read the MAC Road Safety Tips.

Please have a good time at the Schoolies Festival and stay safe!



Has the reduction in country speed limits made SA country roads safer?



In July 2003, the speed limit on approximately 1,100 km of rural arterial roads in South Australia was reduced from 110 km/h to 100 km/h. A previous CASR study found that the speed limit change was associated with a 1.9 km/h reduction in average speed and a 19.7 per cent reduction in casualty crashes. However, the reduction in casualty crashes was not statistically significant; potentially due to the limited quantity of crash data available at the time. This report details a follow up investigation using more crash data (10 years before and after the speed limit change) and longer term speed data (up to 11 years after the speed limit change).

The number of crashes on the subject roads since the speed limit was lowered was found to be 27.4 per cent lower than would have been expected if the subject roads had just followed the control road (roads that remained at 110 km/h) reductions. This reduction was found to be statistically significant with 95% confidence limits of +/- 12.4%. The number of people injured was also found to have fallen by a similar amount resulting in a rough, dollar equivalent, estimate of \$6.7 million per year in economic savings. The limited long term speed data suggests that speeds, and particularly high speeds, have continued to fall on the subject roads in the 10 years since the speed limit was lowered. While the methodological design of this study was not ideal: the size of the effect, the consistency of the various elements, and agreement with other research provides rather convincing evidence that the lowered speed limits were effective in reducing casualty crashes and injuries by a large amount.

To view the full report [click here](#)

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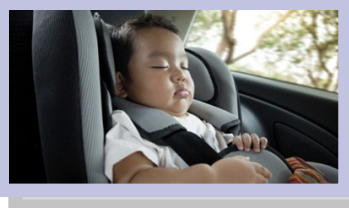
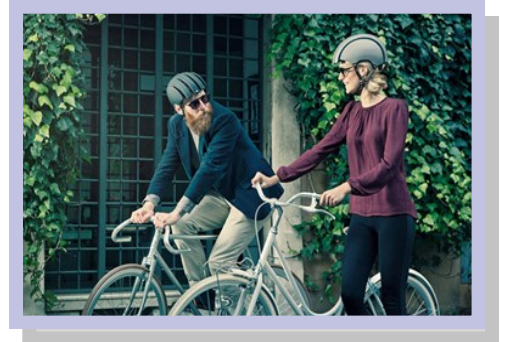


The case for wearing bicycle helmets whilst riding.



Recently, a group of bicycle riders has pushed the idea of the non-compulsory wearing of helmets. They say that it is not proven that helmets prevent injury to cyclists in vehicular crashes. James Hird, the former Essendon coach may have different ideas after falling heavily whilst riding his bicycle home from training during the current 2015 season. Although spending a night in hospital with concussion the outcome could have been a lot more serious.

The European Transport Safety Council released statistics comparing the gains made in lowering the road toll within European nations. It was found that in the period 2002-2012 there was an overall reduction in road deaths of 53%. Within the statistics, it was found that the deaths of pedestrians (a 41% reduction) and cyclists (a 37% reduction) did not match these gains. This is a sobering statistic considering bicycle helmet wearing is not compulsory in a number of European countries.



Keeping your children and your pets safe when parking your car in the sun



As the year rolls on and our hearts and minds start to look forward to the warmer weather, it is an appropriate time to consider what leaving your car parked in the sun means in relation to temperature. The rule is not to leave children and pets in your car whilst it is locked and parked in the sun. If you have a look at the following chart you will see that it does not take long for the inside of your car to reach extreme temperatures.

If it's this hot outside	It only takes this long	To reach this inside
75 degrees	10 minutes	100 degrees
75 degrees	30 minutes	120 degrees
85 degrees	5 minutes	90 degrees
85 degrees	7-8 minutes	100 degrees
100 degrees	15 minutes	140 degrees

Top 10 Tips for Safe Driving

1. Share The Driving - Plan your driver changes and always adjust your seat and mirrors to suit you.

2. Buckle Up - Seat belts must be fastened for all passengers, regardless of where they are sitting (including taxis). Make sure seat belts are fitted correctly, across hips and shoulder, and use seatbelt height adjuster if available.

3. Correct Driving Position - Make sure you are sitting high enough to see out, but not too high to block long distance visibility. Ensure your bottom is pushed back into seat, stretch arms out so that wrists just hang over the steering wheel. Always hold hands at 10 to 2. This will give you maximum steering ability under sharp steering and leave space available for airbag to correctly engage.

[Click here for more information on sitting in your car correctly.](#)

4. Slow Down - Keep to speed limit (unless raining or slippery conditions then drive 10kms below speed limit) and make sure you stop every 2 hours to stretch, relax and refresh.

[Click here for driver reviver stops on your trip.](#)

5. Happy Kids - Entertain kids with games; I Spy, Books, DVD players, Magna Doodle, colouring in and the silent game! Use this time to talk with your kids. Don't forget comforters - ruggies, dolls, etc. Minimise car sickness by improving their visibility eg car seats, booster seats. Create a map for long journeys with landmarks to look out for on the way.

6. Snacks/Drinks – On long trips keep hydrated, especially the driver. Eat healthy snacks, such as sultanas, sandwiches, cheese sticks, fruit and avoid too much junk food. Save the chocolate for when you arrive at your destination. The sugar content can contribute to car sickness and we all know the mess that melted chocolate can make!

7. No Alcohol - Drink driving is one of the biggest causes of injuries on Australian roads. Avoid a big night before you hit the highway to ensure you have no alcohol in your system.

8. Know Your Car - If you've got ABS fitted, know what they feel like prior to an emergency situation and understand the acceleration ability of your car.

9. Car Care - Self service your oil, water, tyre wear and pressure frequently on a long trip. Have a technician service your car before you leave, so it is in optimum traveling condition.

[Click here for some basic maintenance tips.](#)

10. Plan Ahead - Map out your route and map out stops. School holidays can be some of the busiest times on our freeways, so prepare for delays or travel outside peak times.

[Click here to see where the toilet stops are along your route.](#)

