



The five fatal causes of road trauma on South Australian roads are:

Drink and drug driving

Don't drink and drug drive. Make sure you plan ahead and consider:

- nominating a designated driver
- organising someone to transport you to and from the venue
- catching public transport
- catching a taxi or consider ride sharing
- staying the night.

Speeding

You should always:

- monitor your speed and stay within the speed limit
- adjust the speed to suit weather, traffic and road conditions
- be alert for pedestrians, especially children who may behave unpredictably
- be aware of other road users such as cyclists, whose safety on the road may be affected by drivers passing or overtaking them at high speed
- increase the distance between the vehicle in front when travelling at high speeds
- drive at speeds that are safe for your own ability.

Distraction

Driving is a complex task that requires a coordination of a wide range of skills. Mobile phones and other personal electronic devices are major sources of distraction. Research indicates that the use of a hands-free kit only reduces the level of physical and visual distraction but cognitive distraction remains high. You are four times more likely to be involved in a crash whilst using a mobile phone, even if it's hands-free.

Seatbelts

A seatbelt is worn correctly if:

- the sash part of the seatbelt sits flat on the shoulder without touching the face or neck
- the lap part of the seatbelt crosses low over the hips, not the abdomen
- the seatbelt is not twisted.

Dangerous road users

Dangerous road users put everyone at risk and include those people who have a blatant disregard for the road rules. Breaking any road rule can result in a serious crash. Report dangerous road users by calling the police on 131 444 and provide as much information as possible.

This publication has been prepared as a public service initiative by South Australia Police and, while every care has been taken in its preparation, no warranty is given nor representation, either express or implied, made regarding the accuracy, currency or fitness for purpose of the information or advice provided and no liability or responsibility is accepted by the State of South Australia, its instrumentalities, South Australia Police and their agents, officers and employees for any loss suffered by any person in consequence of any use and reliance placed by any person upon the said information or advice.



SAFER JOURNEYS



SOUTH AUSTRALIA POLICE
KEEPING SA SAFE



Government of South Australia